

Date	Duration	Activity	Trip Title	Grade	Area
1/03/2009	Other	Kayak	Kayak Technique Workshop	Easy	Lake Narrabeen
7/03/2009	Saturday	Bushwalk	Glenbrook Creek	Medium	Glenbrook
7/03/2009-8/03/2009	Weekend	Canyon	Hole in the Wall and Deep Pass Canyon	EasyMedium	
8/03/2009	Sunday	Bushwalk	Bundanoon to Bundanoon Creek and return	EasyMedium	Morton NP
10/03/2009	Weekday	Canyon	Midweek Canyon	Medium	Mount Wilson
13/03/2009-15/03/2009	Weekend	Mountain Bike	Derschkos Hut	All	
15/03/2009	Sunday	Bushwalk	Botany Bay National Park Kurnell	Easy	
21/03/2009	Saturday	Mountain Bike	St Albans	Medium	St Albans
22/03/2009	Sunday	Bushwalk	Bilgola to Long Reef	EasyMedium	Northern Beaches
22/03/2009	Sunday	Kayak	Glorious Georges River National Park	EasyMedium	Sutherland Shire
28/03/2009-29/03/2009	Weekend	Bushwalk	Tarlo River	Medium	Hanworth
29/03/2009	Sunday	Climb	Rock climbing day at Mt York	All	Upper Blue Mountains
29/03/2009	Sunday	Bushwalk	Springwood to Faulconbridge	EasyMedium	Blue Mountains NP
29/03/2009	Sunday	Kayak	Patonga kayak	EasyMedium	Hawkesbury / Broken Bay
29/03/2009	Sunday	Kayak	Middle Harbour Magic	EasyMedium	Middle Harbour
4/04/2009	Saturday	Bushwalk	Manly Dam	Easy	Manly Dam
4/04/2009	Saturday	Kayak	Lane Cove River National Park from Water Level	EasyMedium	Lower North Shore
4/04/2009-5/04/2009	Weekend	Road Cycle	Tahmoor to Kiama	Medium	Southern Highlands
5/04/2009	Sunday	Bushwalk	Royal NP	EasyMedium	Royal NP
5/04/2009	Sunday	Mountain Bike	6 Foot Track	MediumHard	Blue Mountains NP
5/04/2009	Sunday	Mountain Bike	Yellomundie single track MTB	All	Upper Blue Mountains
10/04/2009-12/04/2009	Long Weekend	Bushwalk	Easter Long Weekend in Morton National Park	EasyMedium	Morton National Park
10/04/2009-13/04/2009	Long Weekend	Mountain Bike	Tour of the Sth Coast Single Track	Medium	South Coast
11/04/2009	Saturday	Kayak	Central Coast Exploratory	EasyMedium	Central Coast
18/04/2009-19/04/2009	Weekend	Bushwalk	Wild Dogs/Splendour Rock	Medium	Wild Dogs
18/04/2009-19/04/2009	Weekend	Other	Kayaking/MTB/Bushwalking - Kangaroo Valley	Medium	Morton NP / Kangaroo Valley
18/04/2009	Saturday	Kayak	Historic Parramatta River Wrecks	EasyMedium	Upper Harbour
18/04/2009	Saturday	Road Cycle	Flemington-Botany Bay	Easy	Sydney
19/04/2009	Sunday	Bushwalk	A Walk with a View	EasyMedium	South Coast - Royal NP
19/04/2009	Sunday	Bushwalk	Wollstonecraft station to Wynard station	EasyMedium	Sydney
25/04/2009	Saturday	Bushwalk	Coast Walk	Medium	Royal NP
25/04/2009	Saturday	Kayak	Spit Bridge to Roseville Cafe	Easy	Spit
25/04/2009-26/04/2009	Weekend	Mountain Bike	North or South	Medium	Somewhere
26/04/2009	Sunday	Kayak	Nepean Gorge & the Blue Mountain National Park	EasyMedium	Penrith Valley
2/05/2009	Saturday	Kayak	Brilliant Berowra Waters	EasyMedium	Berowra Valley Regional Park
2/05/2009-3/05/2009	Weekend	Bushwalk	Part of Great North Walk	EasyMedium	Brisbane Waters NP
2/05/2009-3/05/2009	Weekend	Other	Nangar Rogaine	All	Nangar NP
3/05/2009	Sunday	Bushwalk	Kangaroo Creek	EasyMedium	Royal NP
3/05/2009	Sunday	Abseil	Abseiling Trip	Easy	Blue Mountains NP
9/05/2009	Saturday	Bushwalk	Carlons Head to Medlow Gap via Taros Ladders	Medium	Narrowneck & surrounds
9/05/2009-10/05/2009	Weekend	Mountain Bike	Newcastle area single track weekend	Medium	Near Newcastle
9/05/2009-10/05/2009	Weekend	Kayak	Myall Lakes full moon paddle	Medium	Myall Lakes
10/05/2009	Sunday	Bushwalk	Asgard Swamp Surrounds	EasyMedium	Blue Mountains NP
16/05/2009-17/05/2009	Weekend	Bushwalk	Pantoneys Crown	MediumHard	Garden of Stone NP

16/05/2009	Saturday	Mountain Bike	Beginners MTB Ride	EasyMedium	Blue Mountains NP
17/05/2009	Sunday	Bushwalk	Little Beach Bombi Moor	EasyMedium	Boudi NP
17/05/2009	Sunday	Climb	Rock climbing day at Mt Piddington	All	Upper Blue Mountains
23/05/2009-24/05/2009	Weekend	Mountain Bike	Beginner's Mountain Bike Weekend	EasyMedium	Canberra
23/05/2009	Saturday	Bushwalk	Golden Stairs - Mt Solitary	Medium	Blue Mountains NP
23/05/2009	Saturday	Road Cycle	Western Suburbs	Easy	Fairfield
24/05/2009	Sunday	Bushwalk	Mt Tomah	Medium	Blue Mointains NP
30/05/2009-31/05/2009	Weekend	Bushwalk	Red Rocks Bushwalk	Medium	Wolgan Valley
30/05/2009-31/05/2009	Weekend	Road Cycle	Jervis Bay Cycle	Medium	Shoalhaven
31/05/2009	Sunday	Bushwalk	Royal NP - start of the whale watching season	Easy	Royal NP
6/06/2009-8/06/2009	Long Weekend	XC Ski	Opening W/E ski season	EasyMedium	Snowy Mountains NP
6/06/2009-8/06/2009	Long Weekend	Bushwalk	Kanangra to Katoomba	MediumHard	Kanangra-Boyd / Blue Mount NP
13/06/2009-14/06/2009	Weekend	Rogaine	Paddy Pallin Rogaine	All	Near Nowra
13/06/2009-14/06/2009	Weekend	Rogaine	Paddy Pallin Rogaine	All	Near Nowra
14/06/2009	Sunday	Bushwalk	Engadine to Bundeena	Medium	Royal NP
20/06/2009	Saturday	Mountain Bike	Wisemans Ferry Ride	MediumHard	Wisemans Ferry
20/06/2009-21/06/2009	Weekend	XC Ski	Rams Head	Easy	Snowy Mountains NP
21/06/2009	Sunday	Bushwalk	Wollstonecraft to Iron Cove bridge	Medium	Sydney Harbour and surrounding
21/06/2009	Sunday	Abseil	Boars Head Abseiling Trip	EasyMedium	Katoomba
28/06/2009	Sunday	Bushwalk	Golden Stairs to Kings Tableland via Mt Solitary	MediumHard	Blue Mountains NP